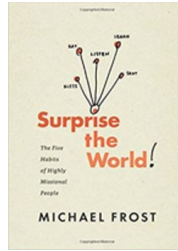


WEEK _____

The BELLS Challenge
DNA (Discipleship Nurturing Accountability)



BLESS: Who did I bless this week?

_____	_____
_____	_____
_____	_____

What questions, issues or learning arose from this habit week?

EAT: With whom did I eat this week?

_____	_____
_____	_____
_____	_____

What questions, issues or learning arose from this habit?

LISTEN: What did I hear from the Holy Spirit this week?

LEARN: What did I learn or relearn about Christ this week?

SENT: Share two or three journal entries about how you alerted others to the Reign of God.

