

Ad-LENT-ures

Journey to the Cross

02 March - 09 April 2022

During the Season of Lent, all members of the Cathedral congregation are encouraged to consider individual or small group study or reflection. The 40 days of Lent are an excellent time to take on a discipline of deeper reflection on the Christian life, growing personally in discipleship as well as helping us grow as a community of Christian faith. (See BAS p. 282 and BCP p. 612)



MONDAYS

Grace and Gratitude

Lectionary study with the Dean on the upcoming Sunday readings. 2:00-3:15pm, online or Cathedral Memorial Hall.

Lent us Pray

A five-part series of hands-on study and practice with various methods of prayer. Explore *lectio divina*, intercessory prayer, prayer with photography and poetry, the Psalms, and lament -- with a different local-expert facilitator for each session. Drop in to one, some, many or all! 7:00-8:00pm, Cathedral.

TUESDAYS

Art & Faith

An Ignatian-flavoured contemplative consideration of select works of sacred art. Hosted by Kurt Schmidt. 5:30-6:00pm, online via Zoom. Link through the [Cathedral calendar](#).

WEDNESDAYS

Practicing Lament

Diocesan Lenten Study of the recent book by Rebekah Eklund. Led by Cheryl Jacobs and sponsored by the Diocese of Fredericton and Bishop David Edwards. 7:00-8:30pm, online via Zoom (beginning 9 March). Register at <nb.anglican.ca>.

THURSDAYS

Virtual Taizé Thursdays

Ecumenical and contemplative service of worship that incorporates simple song, scripture and silence. 5:30-6:00pm, alternating weeks online via Zoom and in-person/live-streamed from the Cathedral. Link through the [Cathedral calendar](#) or Cathedral [YouTube channel](#).

The Power and the Glory

Study of the 1940 novel by Graham Greene. Hosted and led by Alan Hall. 7:00-8:00pm, Cathedral Memorial Hall Lounge.

FRIDAYS

Stations of the Cross

Various versions of the ancient meditation on the Via Crucis (Way of the Cross). 12:00 noon, Cathedral.

SUNDAYS

The Chosen

Intergenerational screening of the first season of *The Chosen*, the largest crowd-funded media project in history, about the life of Christ and the disciples. 6:00-8:00pm, Cathedral Memorial Hall. RSVP requested, and popcorn provided!

Contact Facilitators and Join

Please contact the facilitators directly to: express interest / ask a question / register. Take special note of online options. Flexibility in schedules and locations may be possible within given restraints.

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